Before we started tracking our trash, we usually had bags of trash each week. For four weeks, I kept track of how we slashed our trash by recycling, composting, reducing and reusing. Here are my results:

**WEEK 1**

**WHAT DID YOU DO?**
- We Recycled (circle): paper • glass • aluminum • metal cans • plastic • other: ______________
- We Composted (circle): leaves and grass • food scraps • other: ______________

**WEEK 2**

**WHAT DID YOU DO?**
- We Recycled (circle): paper • glass • aluminum • metal cans • plastic • other: ______________
- We Composted (circle): leaves and grass • food scraps • other: ______________

**WEEK 3**

**WHAT DID YOU DO?**
- We Recycled (circle): paper • glass • aluminum • metal cans • plastic • other: ______________
- We Composted (circle): leaves and grass • food scraps • other: ______________

**WEEK 4**

**WHAT DID YOU DO?**
- We Recycled (circle): paper • glass • aluminum • metal cans • plastic • other: ______________
- We Composted (circle): leaves and grass • food scraps • other: ______________

**Total Bags Eliminated This Month!**

To find out how many bags of trash your family slashed, subtract the number of bags reported each week from the baseline number on line 1. Write this number in the “Bags Eliminated” column. Add up the number of trash bags eliminated each week. This is the impact you and your family made during the month.

Compare your results each week. How low did you go?